



Hidden Springs Town Association Operational Plan for the Fitness Center Under CDC, CDH Idaho and Rebound.Idaho.gov Guidelines

Idaho moved to Stage 4 of the Idaho Rebounds plan. The Association's plan is based on criteria outlined in Idaho Rebounds Stage 4 Protocols for Indoor Gyms and Recreational Facilities. The HSTA may be required to close the facilities in the event the state guidelines or requirements change and/or adjust accordingly should the Protocols for Indoor Gyms and Recreational Facilities change. We will continue to follow the CDC and other governmental authorities' directives and do our part as a non-profit business and member of the Idaho community.

As a reminder, the community fitness center is, and always has been **"use at your own risk."** It is important that members and/or residents exercise good judgment regarding use of the facilities, especially during this pandemic. You can visit the Idaho Rebounds website to familiarize yourself with the reopening plan and guidance. <https://rebound.idaho.gov/stages-of-reopening/>

STAY HOME IF YOU ARE FEELING SICK, HAVE A TEMPERATURE OR HAVE ANY OTHER SYMPTOMS OF COVID-19. Please avoid the community facilities if you are not feeling well. We appreciate you erring on the side of caution if you are not sure if it is allergies or something else! In the event the HSTA is notified of a person testing positive for COVID-19 who may have come in close contact with others while using the facilities, we will immediately close and properly clean and disinfect the facility. Further, we will consult with local health authorities' for guidance and any specific instructions prior to re-opening, including notification to members and/or residents. Due to privacy regulations, we would not be at liberty to divulge any personal information regarding any individual(s) who test positive for COVID-19.

HOURS

Daily 5:00 am – 10:00 pm

Closed Tuesdays 8:00 – 11:00 am for Deep Cleaning

Open during Touch Surface Cleaning, Mondays, Thursdays, Saturdays

CAPACITY

The capacity of the fitness center is based on ventilation, flow of participants through the facility and equipment spacing and with the assumption that people are maintaining a safe social distance. If these capacities cannot be achieved while maintaining a safe social distance, then the maximum capacity shall be the number of participants that can safely utilize the space while maintaining social distance. The HSTA will not have a monitor onsite to enforce the capacities. **It is incumbent upon the members and/or residents of the community to respect these requirements and self monitor.**

Weight Room – 1 participant/or 1 household

Cardio Room – 5 participants at a time

The Association asks that residents be considerate and limit your work out time to **30 minutes** so everyone who would like to use the equipment has the opportunity to do so. If no one is waiting, feel free to continue your work out.

SANITIZING

All participants must thoroughly wash and/or sanitize their hands upon entering, exiting, and throughout use of the fitness center. Sanitizer will be provided for your convenience in each of the restrooms and on carts. The carts in each room will be stocked with hand sanitizer, disinfectant in spray bottles and disposable towels.

Participants must wipe down fitness equipment after use. We appreciate everyone adhering to these

cleaning protocols as it is everyone's responsibility to do their part to keep others as safe as possible and our fitness center open for resident use. **Please follow the instructions for cleaning equipment posted in each room.**

JANITORIAL CLEANING

The janitorial company will perform conduct a deep clean on Tuesdays (8:00-11:00 am) and wipe down all of the high touch surfaces Mondays, Thursdays and Saturdays. The company will use disinfectants included on the EPA's list of effective disinfectants against COVID-19. <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>.

RISK MITIGATION

To help mitigate possible exposure to COVID-19, we ask that you continue to follow the CDC's guidance on social distancing, wearing a mask, washing hands frequently with soap and water and coughing or sneezing into a tissue and disposing of it immediately. The Association has removed the refillable water bottle station and sweat towels as additional precautionary measures. The COVID-19 specific operational changes and recommended CDC signage will be posted in each room.

We thank you in advance for you cooperation in this community effort. The fitness center and equipment is for the pleasure of every member and/or resident and the operational changes and rules are in place to ensure the enjoyment and safety of our neighbors.

In the event that the rules are not being followed and disregarded, members and/or residents may complete and turn in a Fitness Center Incident Report to the Town Office. Incidents verified by multiple members and/or residents (signature and contact information included) or evidenced upon review of security camera, will result in the loss of privileges for 60 days. **Please note**, access cards are issued by **lot**, therefore, **ALL** cards associated with the lot will be turned off.

RESOURCES

Center for Disease Control (CDC)

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html>

Hidden Springs Master Declaration of Covenants, Conditions & Restrictions

[1.3 Purpose of Master Declaration](#)

[3.1 Town Association](#)

[3.1.1 Function of the Town Association](#)

[3.1.2 Membership in the Town Association](#)

[3.1.7 Powers of the Town Association](#)

[3.1.7.4 Association Rules](#)

[3.1.8 Duties of the Town Association](#)

[3.1.10 Community Facilities](#)

Idaho Central District Health

<https://www.cdhd.idaho.gov/dac-coronavirus.php>

<https://www.cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/businesses/State-Stage2GymRecFacilityProtocols.pdf>

Rebound.Idaho.gov

<https://rebound.idaho.gov/stages-of-reopening/>

<https://rebound.idaho.gov/business-specific-protocols-for-opening/>

<https://rebound.idaho.gov/wp-content/uploads/guidance-mass-gatherings.pdf>

<https://rebound.idaho.gov/wp-content/uploads/protocols-onboarding-seasonal-workers.pdf>

<https://rebound.idaho.gov/stage-2-protocols-for-opening/>

<https://rebound.idaho.gov/wp-content/uploads/2020/05/stage2-protocols-indoor-gyms-rec-facilities.pdf>